

## Appendix I. Survey questions

1. **How do you (most often) learn about the patient? (Open-ended response)**
2. **If the patient schedules their own appointment, when do you prefer the appointment to be booked?**
  - a) Before surgery
  - b) After surgery
3. **When does the first post-operative visit typically occur? (Open-ended response)**
4. **How is post-operative training (most often) carried out? (Multiple options possible)**
  - a) Home-based training
  - b) Individual training at your unit – several times per week
  - c) A combination of home-based training and training at the unit
  - d) Group training
  - e) Digital support
  - f) Other
5. **What modalities do you typically include in rehabilitation after knee replacement surgery?**
  - a) Active range-of-motion exercises
  - b) Passive range-of-motion exercises performed by the patient (e.g., with a ball, band, etc.)
  - c) Cryotherapy
  - d) Strength training
  - e) Stationary cycling
  - f) TENS/acupuncture
  - g) Mobilisation or other manual therapy
  - h) Other
6. **Do you have a standard practice regarding the recommendation of walking aids after surgery? (Y/N)**
7. **If yes, what is your recommendation? Please include details about the time period with walking aids. (Open-ended response)**
8. **What is your regime regarding the recommended (minimum-maximum) walking distance/time after surgery? (Open-ended response)**
9. **How long is the recommendation valid? (Open-ended response)**
10. **Based on your experience, what is usually the most challenging aspect of rehabilitation for the patient after surgery? (Open-ended response)**